

How Can I Keep from Singing?

Steffin
2011
D3
HONORS

*A Quaker hymn
for SA(T)B chorus
and piano*

W Walker



arranged by
Gwyneth Walker

Commissioned by Sedgwick Middle School, West Hartford, Connecticut

How Can I Keep From Singing?

for SA(T)B Chorus and Piano

Quaker Hymn (c. 1800)

arranged by Gwyneth Walker

Tempo: ♩ = 108 with energy and celebration

Voices: Soprano, Alto, Tenor (opt.), Bass

Piano: *mf*, *poco Ped ad lib.*

Lyrics:

4 *mf* My life flows on in end-less song a -
Mah *5* *6*

My life flows on in end-less song a -

7 *7* *8* *9*
bove earth's la - men - ta - tion. — I hear the real though

bove earth's la - men - ta - tion. — I hear the real though

10

dis-tant song that hails a new cre - a-tion. Through

dis-tant song that hails a new cre - a-tion. Through

10 11 12 13 *mf*

14 A

all the tu-mult and the strife I hear the mus - ic ring - ing. —

14 15 16 17 *mf*
It

p

18

sounds an e - cho in my - soul, how can I keep from

18 19 20 *p* *stop* *f*

how can I keep from

21 *f* *smmp*
 sing - ing? *u* *22*

f
 sing - ing?

23 *mf*
 What *23* *24*

p delicately

25 **B** *25* *26* *smmp*
 though the tem - pest loud - ly roars,
tho *f* *smmp*

I hear the

p *p* *sim.*

27 *sf do mi so*

I hear the truth, it's liv - ing! — What

truth, *27* it's liv - ing! — *28*

p sim. 5 5 5 5

29

though the dark - ness round me close,

no *29* *30*

songs in the

f *p* 5 5 5 5

31 *so f do mi so*

songs in the night it's giv - ing! — No —

night it's giv - ing! — No —

f *mf* *31* *32*

33 C

storm can shake my in-most calm while to that rock I'm cling - ing. — (mf)

storm can shake my in-most calm while to that rock I'm cling - ing. — Since

mf

33 34 35 36 *8va...*

Slightly slower (♩ = 88)

37 that love a - bides, — how can I keep,

I be-lieve that love a - bides, — how can I keep, how can I

Slightly slower (♩ = 88)

mf *p* *p* *p*

38 39 40

41 *accel.* *f* a tempo ♩ = 108 *p*

how can I keep from sing - ing? — la la la

can I can I keep from sing - ing? —

mf *f* *f* *f*

accel. a tempo ♩ = 108

42 43

44 **D** 1 2 3 4 5

la la la la la la la la la la la la la la la

la la la la la la

p

sim.

46

la la la la la la la la la la la la la la la

la la la la la la la la la la la la la la

48

la la la la la la la la la la la how can I

la la la la la la la la la la how can I

p

acc.

50

keep, how can I keep, how can I can I can I keep? When

keep, how can I keep, how can I can I can I keep? When

52 **E**

ty - rants trem - ble when they hear the bells of free - dom

ty - rants trem - ble when they hear the bells of free - dom

55

ring - ing. When friends re-joice both far and near, how can I

ring - ing. When friends re-joice both far and near,

58

F

keep from sing - ing? ——— In pris - on cell, in

how can I keep from sing - ing? ——— In pris - on cell, in

61

dun - geon dark, our thoughts to them are wing - ing. ——— When

dun - geon dark, our thoughts to them are wing - ing. ——— When

64

Slightly slower ♩ = 88

friends hold cour - age in — their — heart, ———

friends hold cour - age in — their — heart, ——— how can I

Slightly slower ♩ = 88

67 *p* *accel.* *a tempo* ♩ = 108

how can I keep, how can I keep from sing - ing?

67 68 69

keep, how can I can I can I keep from sing - ing? _____

accel. *a tempo* ♩ = 108

mf *f*

70 *p* **G** 1 2 3 4 5

la la la la la la la la la la

70 71

p

72 *p* 2 23

la la la la la la la la la la la la la la

la la la la la la la la la la la la la la

74

la la la la la la la la la la la la la la

la la la la la la la la la la la la la la

* *

76

la la la la la how can I keep, how can I keep, how can I

la la la la la how can I keep, how can I keep, how can I

78

can I can I keep? No storm can shake my in-most calm while

can I can I keep? No storm can shake my in-most calm while

81 81 82 Slower ♩ = 88 83

to that rock I'm cling - ing. I be -
to that rock I'm cling - ing. Since I be - lieve

Slower ♩ = 88

84 85

I lieve that love a -
that love a -

86 87

bides, how can I

p

88 *(p)* *88* *accel.* *89*

how can I keep, how can I keep how can I

keep, how can I can I can I keep how can I

sim.

90 *90* *a tempo* ♩ = 108 *f* *91*

can I can I keep from sing - ing?

can I can I keep from sing - ing?

a tempo ♩ = 108 *f*

92 *92* *p* **1** *93*

la la la la la la la la la la

p

94 94 95

la la la la la la la la la la la la la la la la la la

la la la la la la la la la la la la la la la la la la

p

sim.

96 96 97

accel. to end

la la la la la la la la la la la la la la la la la la

la la la la la la la la la la la la la la la la la la

accel. to end

98 98 99

la la la la la how can I keep, how can I keep, how can I

la la la la la how can I keep, how can I keep, how can I

100

100

f 101

can I can I keep from sing - ing, sing - ing,

can I can I keep from sing - ing, sing - ing,

102

102

103

sing - ing, sing - ing, sing - ing, sing - ing,

sing - ing, sing - ing, sing - ing, sing - ing,

104

104

105

Do

8va...

sing - - - - - ing!

sing - - - - - ing!

December 24, 1995
Braintree, Vermont

ECSPUBLISHING COMMITTED TO THE
COMPOSER'S CRAFT

