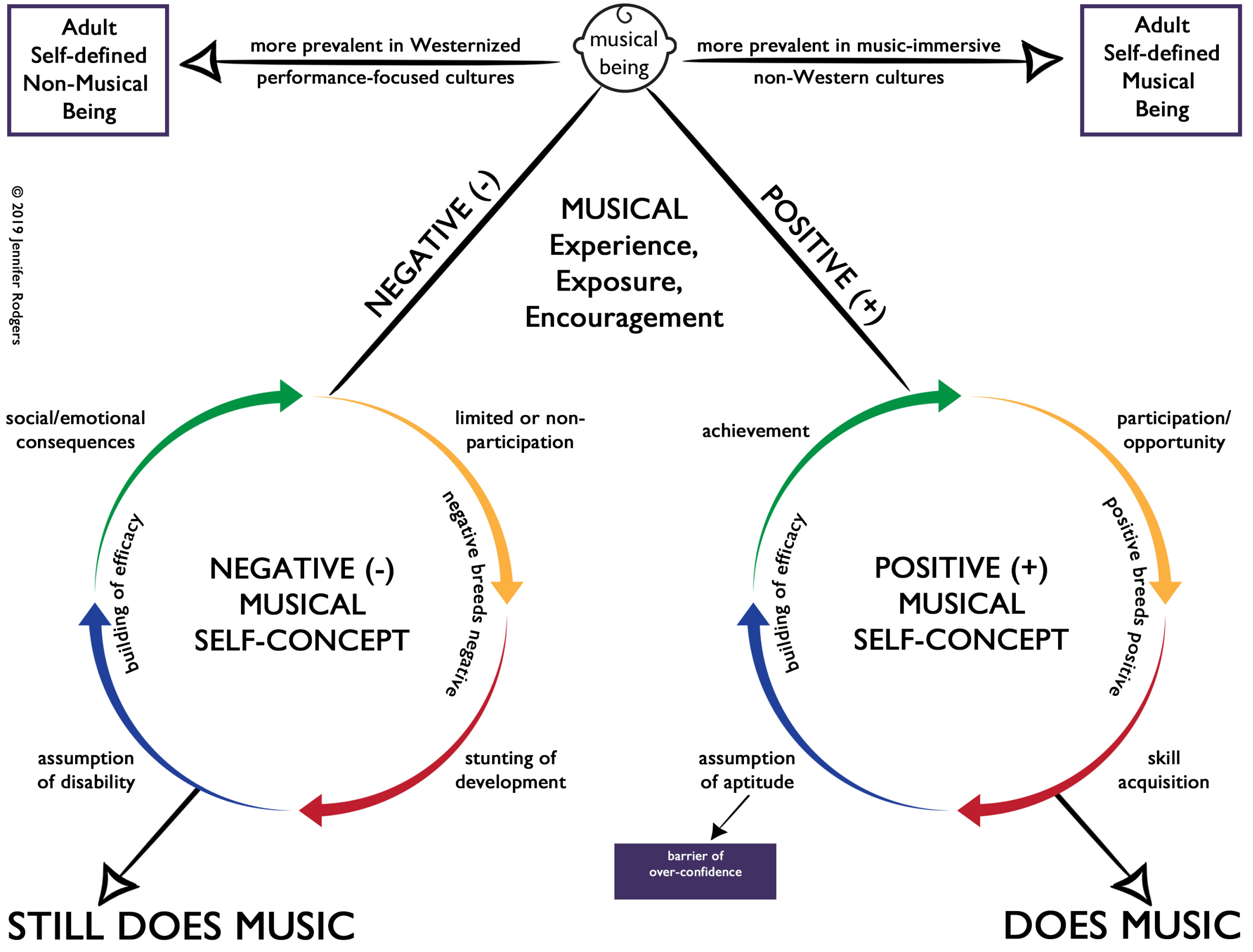


Cycles of Musical Self-Efficacy and the Thought Bubbles of Adult Amateur Choristers

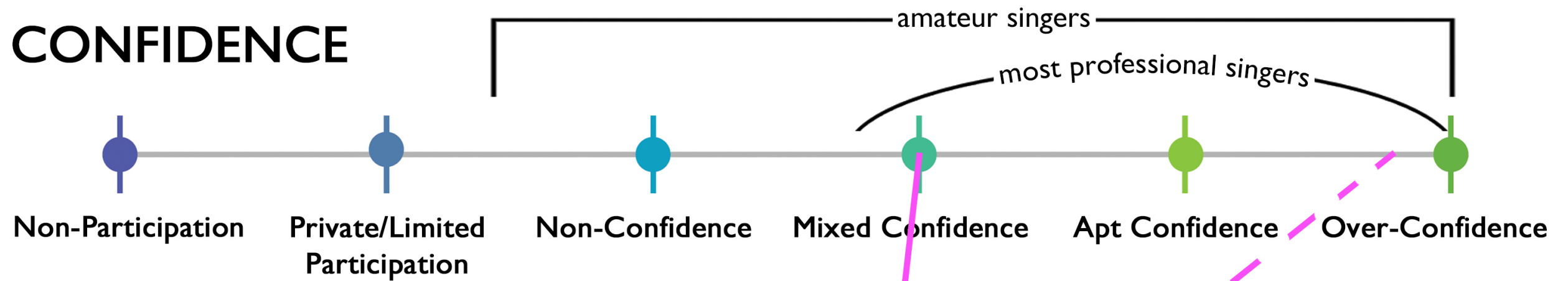
Jennifer Rodgers
DMA Candidate in Choral Conducting
University of Washington
Seattle, WA USA



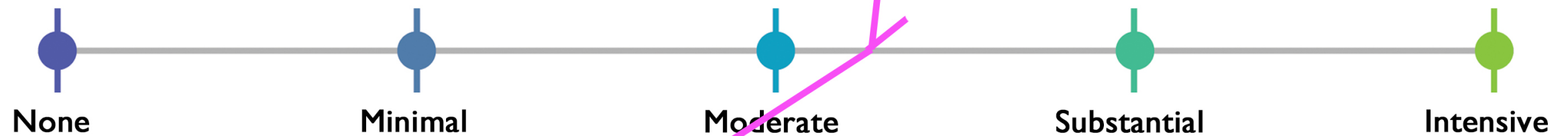


ADULT MUSIC MAKERS

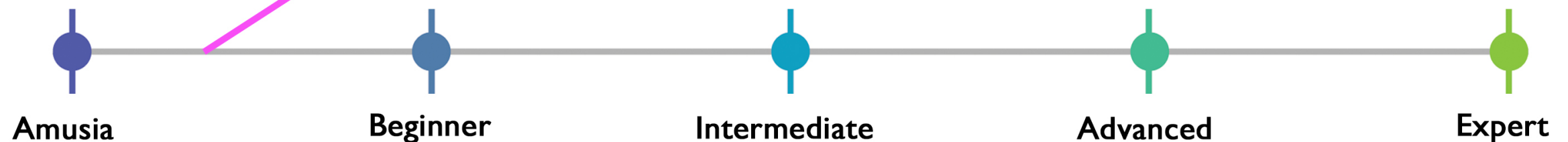
CONFIDENCE



EXPERIENCE



ABILITY



E.W.

NATURE OF ADULT AMATEUR SINGERS

EXPERIENCE \leftrightarrow CONFIDENCE \leftrightarrow ABILITY

STUDY:

- Adult Community Chorus in Pacific Northwest (USA)
 - N = 80
 - Age 26-85 (M=60.29, sd=14.45)
 - Years of Choral Experience <5 to >50 (majority between 16-25)
-

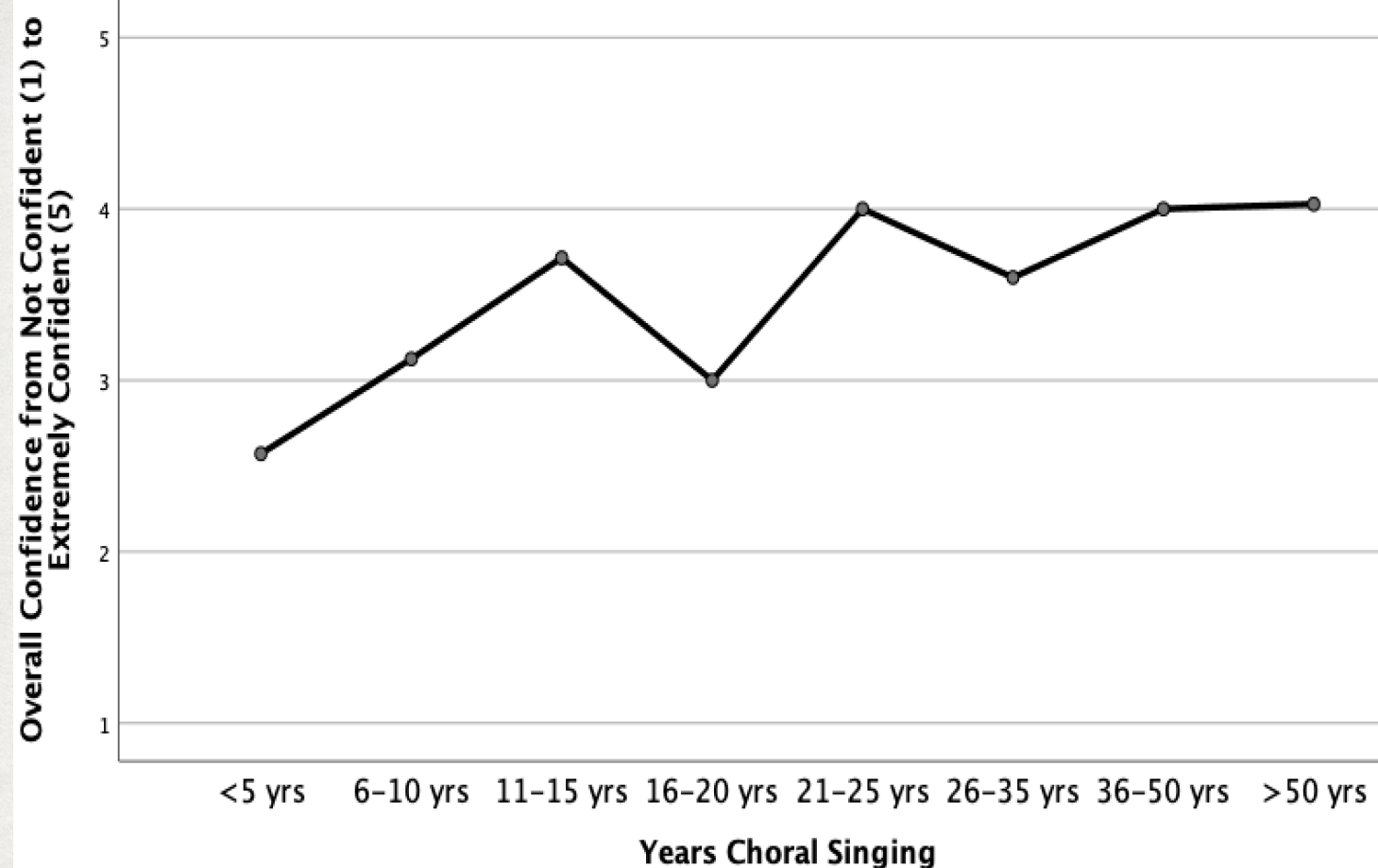
ANALYSIS:

- 3 Indicators of Experience
 - 3 Assessed Skill Areas
 - 7 Self-Assessed Confidence Ratings
-

FINDINGS

- Full spectrum of responses on all variables
- Years of experience = Overall Confidence \neq Age
- Anomaly cases masked by trend
- Overall confidence is literacy-driven

Overall Confidence vs. Years of Choral Singing Experience ($r=.512$, $p=.000001$)



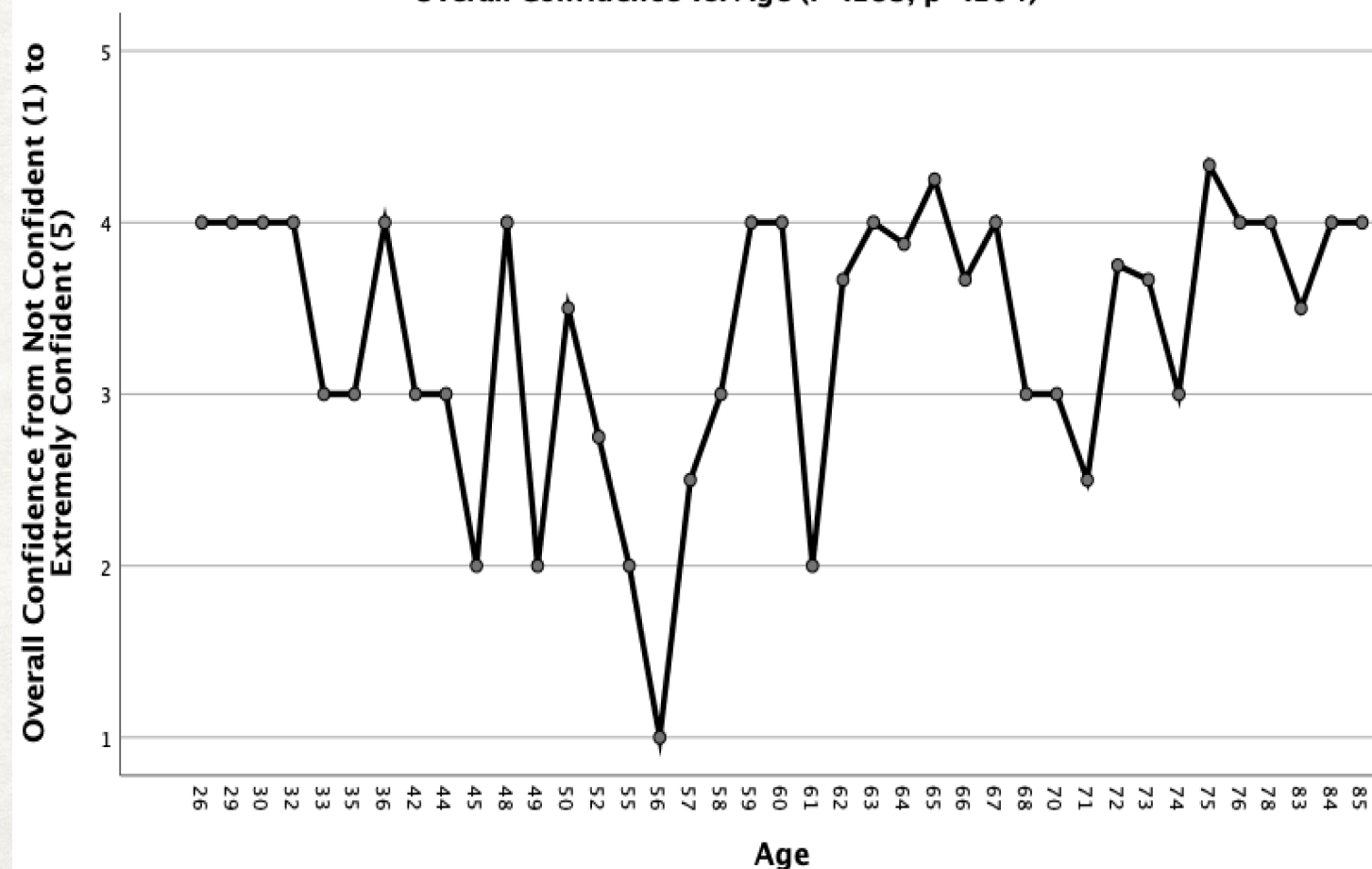
EXPECTED TREND

Overall Confidence
correlated with
Years of Choral Singing Experience

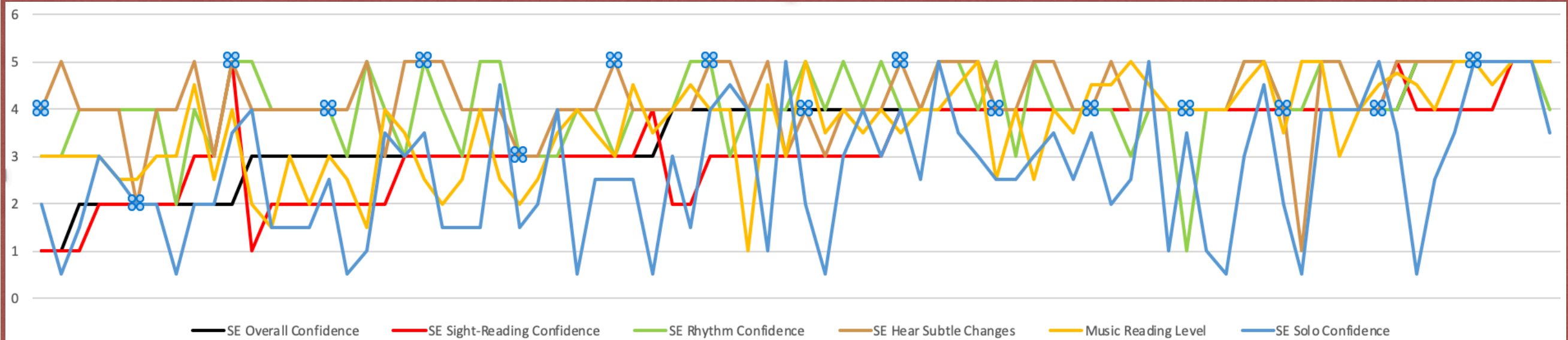
CONTRASTED WITH

Overall Confidence
correlated with
Age

Overall Confidence vs. Age ($r=.183$, $p=.104$)



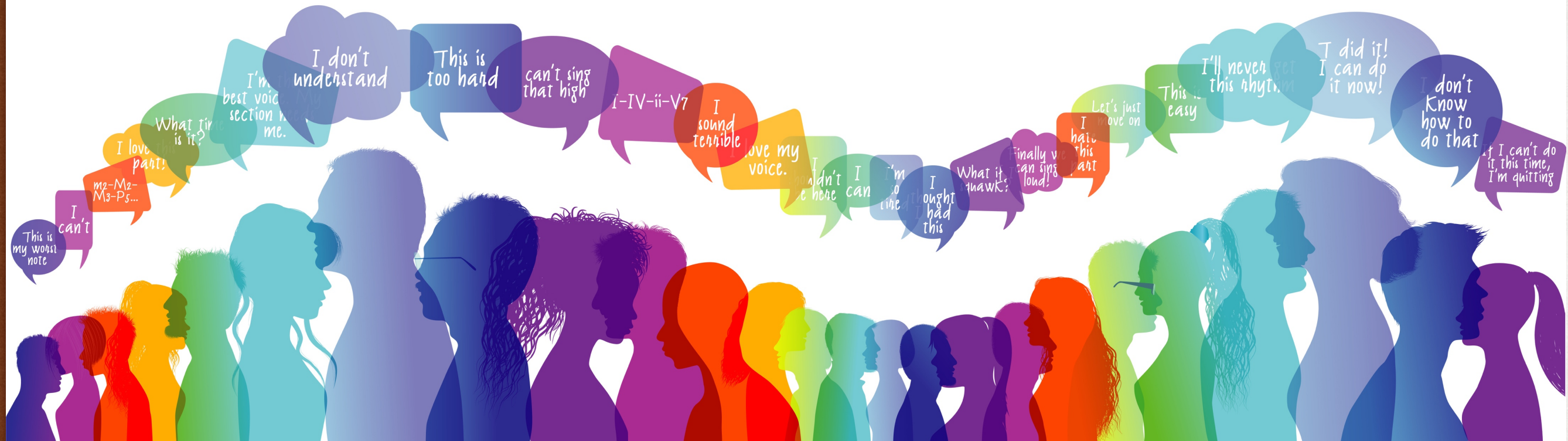
Overall Confidence with Other Confidence Variables



ANOMALY CASES

- #39: 2 Overall, >50 yrs, degree level study. Highest level assessed/self-rated skills. What is generating her low overall confidence score?
- #76: 4 Overall, >50 yrs, substantial study. Highest level on most confidence ratings. Could not move beyond first melody line of sight-singing assessment. What is generating her high confidence assessments?
- #75: Mid-level confidence ratings in sight-reading and rhythm. (2 Overall)
Too ashamed to attempt sight-reading and rhythm skill assessments.

THE OTHER CONDUCTOR IN THE ROOM



EDUCATE FOR EFFICACY